



TOP 10 WAYS TO INITIATE SEX

First and foremost sex is part of a healthy marriage. For many husbands and wives it makes them feel more desired, more loved, more confident, and less stressed.

However, for some couples the hardest part is knowing how to initiate sex. You might often feel too tired, preoccupied, or even too busy to initiate sex regularly.

So the next time you are ready to initiate sex, we can help you out. We have gathered The Top 10 Ways to Initiate Sex no matter what time of day or where you may be.

10. Whenever your spouse starts to hint, say YES, enthusiastically.
9. Send your spouse a text that tells them just how much you want them.
8. Undress your spouse. It's much easier to have sex when you're both naked. ;)
7. Try out a new code to let the other know when you are in the mood.
6. Give your spouse a massage. Make sure to pick up some massage oil.
5. Take a shower or bath and wash each other.
4. Kiss your spouse's back to wake them up. It's the best alarm clock around.
3. Send them a picture of what you are wearing under your clothes. It's a scavenger hunt with you as the prize.
2. Greet your partner in the nude when they come to bed. If it's chilly wear a little something sexy.
1. Just tell them! Let your partner know when you are horny without beating around the bush.